

THIRD MONTH	PARENT COMMENT
Gross Motor	
<ul style="list-style-type: none"> • Brings own body up compactly when picked up 	
<ul style="list-style-type: none"> • Leans on elbows when on tummy 	
<ul style="list-style-type: none"> • Holds head and chest up for a few seconds when lying on tummy 	
<ul style="list-style-type: none"> • Has more stable head and body control; bears weight on legs when held 	
Fine Motor	
<ul style="list-style-type: none"> • Coordinates eye movements in a circle when watching a light or an object 	
<ul style="list-style-type: none"> • Eyes and head follow an object 180 degrees 	
<ul style="list-style-type: none"> • Reaches toward a toy without grasping it 	
<ul style="list-style-type: none"> • If offered a toy, will grasp and shake it 	
Cognitive	
<ul style="list-style-type: none"> • Recognizes breast or bottle and squirms in anticipation 	
<ul style="list-style-type: none"> • Explores own face, eyes, and mouth with hand 	
<ul style="list-style-type: none"> • Studies movement of their own hands 	
<ul style="list-style-type: none"> • Begins to play with a rattle 	
Language	
<ul style="list-style-type: none"> • Cries vary in pitch, length, and volume to make needs known 	
<ul style="list-style-type: none"> • Increases facial expressions and vocalizations 	
<ul style="list-style-type: none"> • Distinguishes speech from other sounds 	
<ul style="list-style-type: none"> • Laughs, chuckles, gurgles and coos in response to sounds 	
Social/Emotional	
<ul style="list-style-type: none"> • Smiles easily and spontaneously, as well as voluntarily 	
<ul style="list-style-type: none"> • Crying decreases 	
<ul style="list-style-type: none"> • Begins to recognize familiar people 	
Self-Help	
<ul style="list-style-type: none"> • Night waking decreases in frequency and duration; may sleep through the night 	
<ul style="list-style-type: none"> • Gums objects and drools 	
<ul style="list-style-type: none"> • Benefits from predictable routines and predictable patterns, such as eating, sleeping and playing 	