

SECOND MONTH

PARENT COMMENT

Gross Motor

- Muscle tone begins to improve; moves arms and legs smoothly
- Kicks legs like a bicycle
- Holds head fairly erect when in sitting position, although still wobbles
- Can roll on to back when placed on side

Fine Motor

- Stares vaguely at surroundings
- Visually follows object from left or right to center of body
- Reaches for and bats at objects

Cognitive

- Stays awake for longer periods, about an hour at a time
- Gets excited at a person's presence and watches alertly and directly
- Interested in sounds
- Picks out mother's voice from a group of voices

Language

- Makes sucking sounds
- Coos, grunts, and sighs

Social/Emotional

- Prefers to watch people over objects
- May imitate your smile
- Responds differently to voices, people, and tastes
- Continues to quiet when picked up and sees parent

Self-Help

- Has a smooth suck-swallow-breath pattern when feeding
- Sleeps nights for 4 to 10 hours at a time
- Beginning to organize a day/night schedule
- Feeds less often, with a more predictable feeding schedule