

REFERENCE GUIDES

- "1001 Activities for Kids in Tight Spaces" by Carol S. Kranowitz
- "Baby and Child Care" by Dr. Benjamin Spock
- "Birth to Five" by Penelope Leach
- "Caring for Your Baby and Young Child Ages Birth to 5 Years" by American Academy of Pediatrics Staff, et al.
- "From First Kicks to First Steps" by Dr. Alan Greene
- "Honey for a Child's Heart" by Gladys Hunt
- "Siblings Without Rivalry – How to Help your Children Live Together so you can Live Too" and "How to Talk So Kids will Listen and Listen So Kids Will Talk" by Adele Faber and Elaine Mazlish
- "The Child with Special Needs" by Stanley Greenspan
- "The Complete Marriage and Family Home Reference Guide" by Dr. James Dobson
- "Touchpoints" by T. Berry Brazelton, MD

INSPIRATION

- "Chocolate for a Mother's Heart" by Kay Allenbaugh
- "Giving the Love that Heals – A Guide for Parents" by Harville Hendrix and Helen Hunt
- "The 10 Greatest Gifts I Give My Children" by Steven W. Vannoy
- "What Kids Need Most in a Mom" by Patricia H. Rushford
- Bible or other spiritual literature

POSTPARTUM

- "Down Came the Rain: My Journey through Postpartum Depression" by Brooke Shields
- "Mothering the New Mother: Your Postpartum Resource Companion" by Sally Placksin
- "Postpartum Survival Guide" by Anne Dunnewold, Ph.D. and Diane G. Sandford, Ph.D.

TRAVEL

- "Fun on the Run" by Cynthia L. Copeland
- "Trouble-Free Travel with Children" by Vicki Lansky

WOMAN'S HEALTH

- "Mother-Daughter Wisdom: Creating a Legacy of Physical and Emotional Health" by Dr. Christiane Northrup
- "Our Bodies, Ourselves: A New Edition for a New Era" by Boston Woman's Health Book Collective

PARENTING MAGAZINES

- FamilyFun
- Mom and Baby
- Nick Jr. Family
- Parenting
- Parents
- Brain, Child Magazine for thinking mothers

NOTES
